



*Sanctioned by: IKD Canada*  
*Hosted by: Saskatchewan International Karate Daigaku*  
*Welcome to Saskatoon!*

**INFORMATION PACKAGE!**

*Enclosed please find:*

***TOURNAMENT INFORMATION***

- Schedule of Events
- Age & Rank Categories
- Registration Fees
- Standard Tournament Rules
- All Registration Forms
- Judge's and Coach's Registration Form
- Spectator Registration Form
- Waiver & Release Form
- Medical Questionnaire
- Transportation Information

***UNIVERSITY INFORMATION***

- Room Registration Information
- Parking Registration Information
- Administration Information



### SCHEDULE OF EVENTS

#### **Sat. May 18**

EVENT	TIME	LOCATION
Breakfast	7:30 AM	Cafeteria
Training: Important Elements of Team Kata, Team Bunkai, and Team Enbu <i>Instructor: Shuseki Shihan Frank Woon-A-Tai</i>	9:00 - 10:00 am	Gymnasium
Training: Important Elements of Individual Kata, Jiyu-ippou Kumite, and Shobu Ippou Kumite <i>Instructor: Shihan Marcel Lussier</i>	9:00 -10:00 am	Gymnasium
Team Kata Competition	10:00 - 12:30 pm	Gymnasium
Team Bunkai Competition	10:00 - 12:30 pm	Gymnasium
Team Enbu Comptition	10:00 - 12:30 pm	Gymnasium
Lunch	12:30 - 1:15 pm	Gymnasium
Individual Kata to finals	1:30 - 4:00 pm	Gymnasium
Supper	5:00 - 6:00 pm	Cafeteria
Free Time	6:00 pm -----	

#### **Sunday, May 19**

EVENT	TIME	LOCATION
Breakfast	7:30 AM	Cafeteria
Opening Ceremonies	9:00 - 10:00 am	Gymnasium
Individual Kumite Eliminations	10:00 - 12:30 pm	Gymnasium
Lunch	12:30 - 1:15 pm	Gymnasium
Individual Kumite Finals	1:30 - 4:00 pm	Gymnasium
Team Kumite to finals	1:30 - 4:00 pm	Gymnasium
Supper	5:00 - 6:00 pm	Cafeteria
Celebration Party	8:00 PM	Location TBA

## Age Categories

Youth (9 to 11 years)	Brown & Black mixed	Male
	Brown & Black mixed	Female
Youth (12 to 14 years)	Brown belts	Male
	Brown belts	Female
	Black belts	Male
	Black belts	Female
Youth (15 to 17 years)	Brown belts	Male
	Brown belts	Female
	Black belts	Male
	Black belts	Female
Adult (18 - 44 years)	Brown belts	Male
	Brown belts	Female
	Black belts	Male
	Black belts	Female
Seniors (45 & above)	Brown & Black mixed	Male
	Brown & Black mixed	Female

## All Team events will be Brown & Black Belts mixed

Youth Teams (13 & under)	Team Kata	Girls & Boys mixed
Youth Teams (13 & under)	Team Enbu	Girls & Boys mixed
Youth Teams (13 & under)	Team Bunkai	Girls & Boys mixed
Youth Teams (14 to 17)	Team Kata	Male
	Team Enbu	
	Team Bunkai	
Youth Teams (14 to 17)	Team Kata	Female
	Team Enbu	
	Team Bunkai	
Adult Teams (18 to 44)	Team Kata	Male
	Team Enbu	
	Team Bunkai	
	Team Kumite	
Adult Teams (18 to 44)	Team Kata	Female
	Team Enbu	
	Team Bunkai	
	Team Kumite	
Senior Teams (45 & above)	Team Kata	Male
	Team Enbu	
	Team Bunkai	
	Team Kumite	
Senior Teams (45 & above)	Team Kata	Female
	Team Enbu	
	Team Bunkai	
	Team Kumite	

**Categories may be mixed, eliminated, and/or altered according to attendance**  
**All Categories will be separate Male & Female groups unless specified mixed**  
**Also, brown & black belts may be in separate groups depending on entrants!**



## **2019 International Karate Daigaku Canadian National Karate Championships**

### **TECHNICAL RULES: Subject to change by IKD Chief Instructor**

#### **Jiyu Ippon Kumite Rules:**

- Jiyu Ippon will be performed by the 11 & under age group only
- The final 4 competitors will perform free sparring
- Red side shall attack first.
- Attacker must announce target area before initiating each attack.
- Attacker may initiate each attack from either side, however side cannot be changed once attack is announced.
- Attacker may not use any feinting techniques.
- Attacker must initiate attack once they are within proper distance of opponent
- Defender may use the same counter attack each time.
- In case of a tie, both competitors will start with the right leg forward and make attacks with the left side attacking.
- Contact is not permitted and may lead to disqualification.
- The five attacks shall be Jodan oi-zuki, Chudan oi-zuki, Chudan mae-geri, Chudan yoko-geri, and Chudan Mawashi geri.

#### **Team Kata Rules:**

- Teams can choose any kata they prefer.
- In case of a tie, teams must perform a second different kata.
- The "Youth Teams" of 13 & under shall be mixed boys and girls combined. All other age groups shall be male and female in their separate categories.

#### **Team Bunkai Rules:**

- Three person teams are free to choose any kata
- All Bunkai must adhere to the traditional kata, which must flow from movement to movement. For the defender, free stances between movements are not allowed.
- Slight deviations are acceptable and are limited to about 10% of the kata movements.
- Only one person shall defend against the other two attackers.
- Teams may use stunt weapons only, but not real weapons.
- There shall not be any dangerous techniques or throws.
- The "Youth Teams" of 13 & under shall be mixed boys and girls combined. All other age groups shall be male and female in their separate categories.

#### **Team Enbu Rules:**

- Team members must take turns defending against the other two attackers.
- Enbu shall not be longer than the time it takes to perform team bunkai.
- Defender must follow through with a finishing blow technique before confronting the other attacker.
- Teams may use stunt weapons only, but not real weapons.
- There shall not be any dangerous techniques or throws.
- The "Youth Teams" of 13 & under shall be mixed boys and girls combined. All other age groups shall be male and female in their separate categories.



### Individual Registration Form for all Participants

Age Category (Check off)      11 & under      \_\_\_\_\_  
    12 to 14 years      \_\_\_\_\_  
    15 to 17 years      \_\_\_\_\_  
    18 to 44 years      \_\_\_\_\_  
    45 & Over      \_\_\_\_\_

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Dojo: \_\_\_\_\_ Province: \_\_\_\_\_

Date of Birth: (DD/MM/YYYY) \_\_\_\_\_ Age on May 18, 2019: \_\_\_\_\_

Gender (M / F): \_\_\_\_\_ Rank of May 18, 2019: \_\_\_\_\_

Competition:      Kata: \_\_\_\_\_      Kumite: \_\_\_\_\_      \$30.00: \_\_\_\_\_

Training:      Saturday, May 18, 2019      9:00 – 10:00 am      \$20.00: \_\_\_\_\_  
    See schedule of events for class to be held!

Meals:	Saturday, May 18, 2019	Breakfast	\$15.00: _____
	“	Lunch at Gymnasium	\$18.00: _____
	“	Supper	\$20.00: _____
	Sunday, May 19, 2019	Breakfast	\$15.00: _____
	“	Lunch at Gymnasium	\$18.00: _____
	“	Supper	\$20.00: _____

Celebration Party Sunday, May 19, 2019 - Please check if you would be interested \_\_\_\_\_  
 Location TBA (There may be a slight cover charge)

TOTAL AMOUNT ENCLOSED:      \$ \_\_\_\_\_

**Make payment to: “Sask. IKD”. Deadline date to register is May 1, 2019.**

We must have all registrations in on time as we have to give the University the number of people required for the meals.







**TEAM BUNKAI REGISTRATION FORM FOR ALL AGE GROUPS**

*Please make additional forms for each separate aged group you have entering!*

Check off appropriate age category registering for:

13 & under:	_____
14 to 17 years:	_____
18 to 44 years:	_____
45 & over:	_____

Province: \_\_\_\_\_ Instructor (Coach): \_\_\_\_\_

All teams must pre-register by deadline date. Each province may enter any number of teams per category. Age of majority of team members determines competition category. However, no adult members allowed in youth teams. Brown and Black belts combined for mixed teams. The Youth group (13 & under) will be boys and girls mixed. All other teams will be male and female in separate categories. Teams may be mixed, altered, or arranged depending on number of entrants.

Team #1:

Name	Rank	Age	Gender
1. _____	_____	_____	_____
2. _____	_____	_____	_____
3. _____	_____	_____	_____

Team #2:

Name	Rank	Age	Gender
1. _____	_____	_____	_____
2. _____	_____	_____	_____
3. _____	_____	_____	_____

Team #3:

Name	Rank	Age	Gender
1. _____	_____	_____	_____
2. _____	_____	_____	_____
3. _____	_____	_____	_____

FEE: \_\_\_\_\_ Teams @ \$40.00 per team      TOTAL AMOUNT ENCLOSED: \$\_\_\_\_\_

**Make payment to: "Sask. IKD". Deadline date to register is May 1, 2019.**







## TOURNAMENT JUDGE and COACH REGISTRATION FORM

Province: \_\_\_\_\_

Chief Instructor (Contact person): \_\_\_\_\_

### Judge/Referee Information:

Name	Belt Rank	IKD Judge's Level
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____
4. _____	_____	_____
5. _____	_____	_____
6. _____	_____	_____

### Coach Information:

Name	Dojo
1. _____	_____
2. _____	_____
3. _____	_____

**Deadline date to register is May 1, 2019.**



## SPECTATOR PRE-PAYMENT FORM

There will be a spectator entry fee pre-payable with the registration package.

The daily fee is \$5.00 (a stamp will be given) or \$10.00 for the weekend (bracelet).

Spectators can pay at the door, however, they are encouraged to prepay and a bracelet will be presented to them upon registering at the University. This way they do not have to have money, and it will save time at the entry table.

***NOTE: FOR INSURANCE PURPOSES, No spectators will be allowed in the tournament area without payment!***

Spectator's Name: \_\_\_\_\_

Just one name is required for all family members, however the name on this form must be the person picking up the bracelets.

Province: \_\_\_\_\_

Number of Daily entry fee(s): \_\_\_\_\_ @ \$5.00 = \$ \_\_\_\_\_

Number of Weekend entry fee(s): \_\_\_\_\_ @ \$10.00 = \$ \_\_\_\_\_

TOTAL AMOUNT ENCLOSED: \$ \_\_\_\_\_

Send all entry fees in with the registration forms along with payment.

**Make payment to: "Sask. IKD". Deadline date to register is May 1, 2019.**



## **WAIVER / RELEASE AGREEMENT**

**To be completed, signed, and submitted with registration by all participants.**

The undersigned is aware that there are risks and dangers inherent in participating and receiving instruction at this event. In consideration of being permitted to participate in this event, I hereby release and waive any claims against the Saskatchewan International Karate Daigaku, the International Karate Daigaku, and any and all clubs, schools, instructors, members, judges, officials, officers, directors, representatives, and volunteers for any injury or damage which I may suffer while participating and/or receiving instruction at this event, including travel to and from this event.

I understand and agree that this Release will have the effect of releasing, discharging, waiving and forever relinquishing any and all actions, those causes of action that I may have or have had, whether past, present or future, whether now known or unknown and whether anticipated or unanticipated by me, arising out of my participation at this event. This Release shall be binding upon me, my heirs, successors, administrators, assigns and legal representatives.

I assume full responsibility for any and all risk of death or personal injury or property damage, which I may suffer while participating in this event. I expressly acknowledge and assume any and all risk that my participation in this event may subject me to personal injury to bodily harm.

I confirm that I have no past or present medical condition, injury or other physical or mental restriction which may cause or contribute to personal injury or property damage while participating in this event and if in case I have such a condition I agree to forthwith nullify the Releases, as the case may be, and withdraw from this event.

I further agree, by signing this Release, that I shall indemnify and hold any of the Releases harmless from any and all liability or costs, including legal fees, associated with or arising from my participation at this event.

I understand that if I am signing this Release on behalf of a minor child, I will be giving up the same rights for said minor as I would be giving up if I signed this document on my own behalf.

I acknowledge that I have read this Release and that I understand the words and language in it. I sign this Release freely and voluntarily.

\_\_\_\_\_  
Name (Print)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Witness

Parent or Guardian Release:

I am the parent or legal guardian of the minor \_\_\_\_\_, and I am signing this waiver/release on behalf of the said minor.

\_\_\_\_\_  
Name or parent or guardian (Print)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature



**MEDICAL QUESTIONNAIRE**

**\*Deadline date to have registrations in is May 1, 2019\***

**To be completed, signed, and submitted with registration by all participants.  
For your benefit, please have your provincial medical card with you at the venue.**

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Date of birth: \_\_\_\_\_ Age on May 19, 2019: \_\_\_\_\_  
(month, day, year)

Gender: Male \_\_\_\_\_ Female \_\_\_\_\_ Rank: \_\_\_\_\_

Address: \_\_\_\_\_

Dojo: \_\_\_\_\_

Instructor: \_\_\_\_\_

Emergency Contact Person: \_\_\_\_\_

Emergency Contact Number: \_\_\_\_\_

**Do you have a history of any of the following conditions?**

- |                    |   |
|--------------------|---|
| Yes _____ NO _____ | Heart murmur  |
| Yes _____ NO _____ | Hypertension  |
| Yes _____ NO _____ | Recent Infection  |
| Yes _____ NO _____ | Bone fracture in the past six months                    |
| Yes _____ NO _____ | Concussion or severe head injury in the past six months |
| Yes _____ NO _____ | Seizures  |
| Yes _____ NO _____ | Severe bone bruises requiring padding                   |
| Yes _____ NO _____ | Kidney injury   |
| Yes _____ NO _____ | Allergy to any medications _____                        |
| Yes _____ NO _____ | Other _____   |

I consent to the release of medical information from the event medical staff to the event judges with respect to any medical condition that may affect my ability to safely compete.

\_\_\_\_\_  
Signature of participant  
(Parent or guardian if under 18 years old)

\_\_\_\_\_  
Date



**Accommodation:**

**Voyageur Place (Dormitories – located on-campus):**

Housing is available in the Voyageur Place Residences from the second week in May to the middle of August each year for Conference bookings. Rooms are classified as Single Rooms or Double Rooms and are referred to as Dormitory style. Our shared washrooms feature shower facilities with private change areas just outside the entrance to the shower stall. When staying in Voyageur Place we ask that all groups confirm breakfast the following day as a bed and breakfast program.

Rates:

<p>Single Room</p> <p>1 - Single Bed (maximum 1 person)</p> <p>1 - Desk/Lamp/Chair</p> <p>1 - Full sized closet with mirror</p> <p>Bedding &amp; Towels</p> <p><b>\$49.00/person/per night + GST</b></p>	<p>Double Room (one room with two beds)</p> <p>2 -Single beds (maximum 2 people)</p> <p>2 -Desks/Lamps/Chairs</p> <p>2 -Full sized closets with mirrors</p> <p>Bedding &amp; Towels</p> <p><b>\$40.00 person/per night + GST</b></p>
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**Amenities:** Pillows, Sheets, Blankets, Facecloths, Bath Towels, and Soap

**Housekeeping Service:** Garbage from dorm rooms will be removed daily with bedding being replaced weekly and towels being replaced every second day. All common areas will be cleaned daily. Groups can arrange for additional cleaning services with the Event Conference Manager. The group will be charged accordingly based on the level of service the groups requires.

**Special Features:** Your guests will have time to network or relax in one of the many lounges located in each building. Lounge areas feature large screen TV's and kitchenettes. Kitchenettes are not fully equipped but groups are welcome to prepare small snacks and store additional snacks in the cupboards and fridges. Complimentary wireless access is available in each room as well as the common areas. Laundry facilities are available for the guests use. Guests are welcome to use the complimentary coin operated machines. The machines will return the coins after the load selections have been made. Please note that laundry detergent/fabric softener/dryer sheets are to be provided by the individual. Voyageur Place does not feature air conditioning. Small fans are available for the groups use at a first-come first served basis. The group is welcome to provide additional fans.

**Administration Fee:**  
**\$15.00/person + GST**

This is a one-time charge per person to be added onto the accommodation and meal charges.

**Parking:**

The Stadium Parkade, located just across College Drive is available from May – August each year. The 2017 summer rates were \$5.00/exit/day and must be prearranged with the parking department. Please see the Parking Office website for updated information: <http://www.usask.ca/parking/public/stadium-parkade.php>



## **Taxi Service and Car Rentals from the Saskatoon Airport**

- \*There are 4 major car rental agencies located at the Saskatoon Airport for your convenience.
- \*There is Enterprise, Avis, Hertz, and National Car Rentals.
- \*Simply go onto their website or the Saskatoon airport website to more details.
- \*United Cab is the closest to the Airport if that makes a difference to anyone, they are at 225 Ave B North, 1 (306) 652-2222 or 1 (306) 653-3333 or email is [UnitedCabs@unitedgroup.ca](mailto:UnitedCabs@unitedgroup.ca) or go to their website.
- \*Average price from the Airport to the University of Saskatchewan by taxi is approximately \$22.00 depending on traffic and time of day.
- \*Provincial Chief Instructors and members of the Shihankai, please send us your flight information and we will make arrangements to pick you up! Send it to [st.louis.jka@sasktel.net](mailto:st.louis.jka@sasktel.net) on or before May 1, 2019.
- \*Contact information for any further information call or text  
**Marcel at 1 (306) 981-3810 or Chris at 1 (306) 941-1073 or Nola at 1 (306) 749-7500**

**Here is the link from the University for that weekend. You must contact them directly through this website to book you own room (s).**

### **Accommodation Registration Instructions**

In order to register for accommodation at the University, you will need to visit the U of S [Conference Portal](#) and select your event on the list at the bottom of the page. When you have selected your conference, please select "sign up" and it will direct you to a registration form which you will need to fill out in order to register for accommodation.

Please note that any fees associated with this are completely separate from fees you have already paid for attending the karate events. These fees can be thought of like a hotel or hostel stay. Once you have completed the form, the on screen instructions should direct you through the rest of the booking process.

If you have trouble with the link you can manually enter the address in your web browser:

<https://rez1.usask.ca/StarRezPortalConference/Modules/Conference/ConferenceSelector.aspx?Params=L9ezxPcQnQukDDhuxAMbDdUPd9HNU411p%2fFb2qilv9s%3d>